



TRANSFORMATION

Bringing Your Variables to Life

With
Dharmen & Leela
Swann-Herbert

Each of us has our own unique path to awakening as our true self.

Through the mechanics of Human Design, this individual process of transformation is revealed.

Utilizing the 4 variables, the process becomes one of aligning each individual to their correct and unique frequency. In **The Transformation Course**, we work with individuals through each of the 4 variables for the transformation of consciousness, in order to integrate the variable concept into the reality of an extraordinary life.

In this process you will enter into the realization of your potential, the blossoming of consciousness in form. Through each transformation you are guided through a program of workshop classes filled with training, coaching and feedback, in order to ensure that you get the most out of your experience and have your feet firmly planted in your experiment with this transformative course.

Transformation is an experiential program which combines innovative course material with extensive personal feedback and support. Each of the Four Transformations is conducted through a 6-week online program which includes a follow up private coaching session – a total of 28 weeks of classes in the entire course series conducted over one year.

First Transformation

The Catalyst

Enhancing Body Intelligence

PHS - The Primary Health System dietary regimen provides for enhanced wellbeing and the brain's potential as the platform of consciousness. Food is our deepest and oldest conditioning. By providing the form with its correct nutrition based upon the individual's design we enter into a profound process which enhances the body and aligns it to its unique and differentiated sensory awareness.

In this course we will explore the conditioning around diet, food and the body. We will observe how each individual operates through their unique sensory apparatus. We will explore the Right - Left functionality of the brain and form intelligence.

6 Week Online Course \$450

1.5 hr. Classes, Private Coaching, Support Group

**Thursdays at 18 GMT/11 am Mountain Time
January 26 – March 1**

or

**Fridays at 18 GMT/11 am Mountain Time
January 27 – March 2**

Payment plans available at office@secretofbeingyou.com

Second Transformation

The Cornerstone

Physical longevity thru Environment

Once the form is operating correctly, then it is essential for it to be aligned to its correct environment for functioning in the world. It is through the experiences in life that we meet the people and situations which shape our learning and what ultimately form our wisdom in life. Through this transformation we come into alignment with our unique and correct trajectory in life – we meet our life's story and its natural unfolding.

In this course we will explore the conditioning around environment, and observe how each individual operates through the experiences of physical location and the effects of transference. We will explore the Right-Left impact of the Design Nodes and their connection with the body and the life.

6 Week Online Course \$450

1.5 hr. Classes, Private Coaching, Support Group

**Thursdays at 17 GMT/11 am Mountain Time
April 26 – May 31**

or

**Fridays at 17 GMT/11 am Mountain Time
April 27 – June 1**

Registration at www.secretofbeingyou.com/transformation.html

Third Transformation

The Construct

Perception and the Mind

Perspective is the key to our reality. When we change our perspective our reality transforms naturally. Based upon our variables, each of us has a unique way in which we are designed to take in the world, how we are designed to see. Through this transformation we begin to pay attention to what is essential for us to see in order to awaken, and we learn what distracts us away from our unique way of seeing.

In this course we will explore perspective and its transference. We will observe how each individual translates experience through the mind, and how conditioning is supported or exposed through our viewpoint. We will explore the Right-Left impact of the Personality Nodes and their connection with the mind and conceptualization.

6 Week Online Course \$450

1.5 hr. Classes, Private Coaching, Support Group

**Thursdays at 17 GMT/11 am Mountain Time
July 26 – August 30**

or

**Fridays at 17 GMT/11 am Mountain Time
July 27 – August 31**

Payment plans available at office@secretofbeingyou.com

Fourth Transformation

The Conception

Awakening Passenger Consciousness

We are passengers in our vehicles, and when the vehicles are operating correctly aligned to our correct path in life, it's time to look out the windows. What do we conceptualize from what we observe? What motivates our mind to think and what conclusions do we arrive at? Through this transformation we ultimately align the mind to its cognitive potential so we have something truly unique to offer others – our own unique expression of consciousness.

In this course we will explore motivation and its transference. We will observe how each individual processes memory into thought, and how conditioning is supported or exposed through our motivation. We will explore the Right-Left expression of the mind, and the way it contributes to our unique process of conceptualization.

6 Week Online Course \$450

1.5 hr. Classes, Private Coaching, Support Group

**Thursdays at 18 GMT/11 am Mountain Time
October 25 – December 6**

or

**Fridays at 18 GMT/11 am Mountain Time
October 26 – December 7**

Registration at www.secretofbeingyou.com/transformation.html

Transformation Course Series - Details

Each 6 week program includes: Six 1 ½ hr. online classes on the specific variable, including homework for self-study; as well as weekly feedback and discussion of the student's observations. Each student receives customized instruction based upon their design.

Each 6-week course is followed by a personal coaching session with Dharmen and Leela, to support your integration of the course experience. Classroom size is limited to 8 students, which ensures that each student receives personalized feedback and support in their transformation process. Included also is ongoing membership in quarterly Transformation Support Group meeting which includes current year course participants as well as alumni.

Requirements: Completion of **Living Your Design Course**, and a **Basic Reading**. Participation in the Radical Deconditioning Course is recommended, but not required. A PHS Dietary Prescription from a qualified PHS analyst or practitioner is recommended prior to the start of The First Transformation Course. We recommend that you take the entire Transformation course series in the provided order; however, students can enroll in any one or more of the courses. We will work with students according to their individual needs.

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Transformation Course Series

What Students Are Saying...

'I feel like the journey is entering a critical phase, and I am embracing the moment and looking forward to what is coming...' WB

'Now I started to know what people mean when they say "observe and experiment". It feels like my experiment with my PHS just started...' PB

*'This course is valuable beyond measure. I got to see deeper dimensions of my genetics through the catalytic process of naming aspects of myself, many that I have always experienced and yet didn't have words to describe, and therefore wasn't able to fully recognize. Throughout the program Dharmen and Leela guide each student individually and I learned a great deal about my own process from listening to and observing them work with my classmates...'*CD

Registration at www.secretofbeingyou.com

Cost per 6 week Course: \$450

Complete Series Package \$1600

Non-energy type discount available at office@secretofbeingyou.com

Registration at www.secretofbeingyou.com/transformation.html